Sunday, November 8, 2026

Life in the Kingdom
A Heart of Integrity

Read/Reflect

1. Read Matthew 5:27–30. Jesus teaches that adultery begins in the heart, not simply with outward actions. What does this passage teach us about the connection between our thoughts, desires, and actions?

2. Read James 1:14–15, Romans 8:5-8,13 and Genesis 4:6-7. How do these passages describe the progression of sin, and what role does the Holy Spirit play in helping us resist temptation?

Explore

1. Have you ever been tempted to take a shortcut, only to discover later that following the rules would have been the wiser choice? What happened?

2. Can you think of a time when a boundary or rule you didn't particularly like actually protected you or someone you cared about?

3. Small compromises can lead us somewhere we never intended to go. What are some ways we can become careless with our boundaries, and what practical steps can we take to guard our hearts and relationships?

4. The church should be a safe place where truth and grace are held together. What does that look like in practice for someone who has been betrayed by adultery? What about someone who is struggling with sexual sin?

5. God's boundaries are meant to protect what He created to be good. How does this change the way we view God's commands? Are there areas of our lives where we need to trust His boundaries more fully?

6. How can we as a church (with the Spirit's help) better present the joy of being a follower of Jesus?

Pray

- Pray for courage for those who struggle with sexual sin to confess to Jesus and find the help that they need.
- Pray that God daily guards your heart and mind against sin and that your life reflects the fruit of the Spirit.