SDG Sermon Discussion Guide

Sunday, October 18, 2026

Life in the Kingdom

Salt & Shiny: Kingdom Identity Distinctives

Read/Reflect

1. In what ways are Jesus' disciples "the salt of the earth"? What did Jesus warn them against?
2. What does it mean for salt to lose its saltiness? How might this happen for Jesus' followers?
3. In what ways are Jesus' disciples "the light of the world"? How do believers let their light shine in the world and what is the outcome?
4. Why do you think Jesus uses "earth" and "world" as the place in which the disciples are "salt" and "light"?

Explore

1. What do the metaphors salt and light teach us about how Christians influence the world?
2. Where do you see "decay" or "darkness" in your neighbourhood, city, and/or society?
3. Have you ever put your light "under a bowl" (5:15)? What was holding you back from letting your light shine?
4. What do you think is the difference between letting our good works be seen before others (Mt. 5:16) versus not practicing our righteousness in order to be seen by others (6:1)?

Pray

- Begin each day this week with the prayer: "Lord, show me where to be salt and light today."
- In Colossians 4:6, Paul admonishes the believers to let our speech be always gracious, "seasoned with salt". Prayerfully, find 1 person each day to speak an encouraging word to them. Consider sending a thank-you note or message someone whom you think rarely hear thanks.
- Prayerfully, find 1 person to one concrete act of service for someone outside of your usual circle (outside of your life group and church community, preferably a non-believer). Find a way to bless them this week