

Life Groups

P - Pause

First step in prayer is to pause. Instead of presenting our wish list to God, we first pause to wait on God to have the first word. Bring your scattered senses and recenter them all on God's eternal presence.

- Listen to what God's Spirit might be bringing to your attention in connection to the Life Groups ministry at New Life.
- Lay down any distractions and worries that may hinder your prayers to God.

R - Rejoice

We rejoice in God's blessings before asking Him for more of it. Let us rejoice and praise God for what He has done.

- (If you are part of a Life Group) What has God done in your own Life Group that leads you to rejoicing and praising God?
- (If you are not part of a Life Group) Rejoice and praise God for all the existing Life Groups at New Life. Praise God for the Life Group leaders that have faithfully served their group. Praise God also for the Life Group Elders that are currently serving (Cary Heming, Gertie Fictorie, Helen Kastelein)

A - Ask

Trusting in God's gracious invitation to ask Him for everything from "bread" to the "come," let us present our requests to God for ourselves (petition) and for others (intercession).

- Pray for what God has revealed to you when you paused and listened to God. What has He brought to your attention? Pray specifically about that.
- Ask God for more leaders to start new Life Groups. Pray also for our Life Groups to continue being hospitable places of pastoral care at New Life.

Y- Yield

Lastly, we surrender ourselves for God's will to be done. Let us surrender all that we have presented before God—trusting that He will answer them according to His good wisdom and perfect time.

- Close your time of prayer by reciting the line from the Lord's Prayer: "Thy will be done on earth as it is in heaven."