



Sermon
Discussion
Guide

Sunday, April 5, 2026

Life in the Spirit

The Breath of New Life - John 20:19-23; Romans 6:3,4

Read/Reflect

1. Read John 20:19-23. What details stand out about the disciples' setting (time, place, emotions)? Why do you think the disciples were gathered behind a locked door?
2. What words or phrases stand out to you in Jesus' sending statement (vs.21)? And why does Jesus add the instruction of verse 23? How is that related to the mission?

Explore

3. What are some of the locked rooms people find themselves in, and what is keeping you afraid these days?
4. Where in your life do you long to hear Jesus speak "Peace be to you?" What does Jesus' posture toward fearful disciples reveal about grace?
5. How does the moment Jesus "breathes" on the disciples (vs.22) connect with the creation story of Genesis? What does that say about the meaning of Easter and how resurrection is more than forgiveness or moral improvement?
6. What's the difference between imitating Jesus and participating in his life (Romans 6:3,4). What vision of Christi life emerges when resurrection is seen as present reality, not just future hope?

Pray

- Where do you need Jesus to speak "Peace be with you" right now?
- Ask God for the breath of the Holy Spirit so that you may receive resurrection life now (not just wait for it).
- Thank God that Jesus' death and resurrection counts for you.