



SERMON
DISCUSSION
GUIDE

Sunday, February 1, 2026

Abraham – Person of Faith

Believing the Impossible

Read/Reflect

1. This text suggests that God is not a "resident" we manage, but a "visitor" who intrudes. If God is a "disruptive visitor" in our lives rather than a "helpful resource," how does that change how we view faith and the ways we relate to God?
2. How do you think of the final verses, when Sarah denies her laughter because she is "afraid," yet God insists, "No, you did laugh." Was God too hard on Sarah? Why is it necessary for us to admit our "laughter" – that is, our unbelief?

Explore

3. The Wait: Abraham and Sarah had been living with this promise for 24 years. How does the "long wait" change the way we hear God's voice? Do we eventually stop listening because we've become comfortable in our "unfulfilled" routine?
4. The Mask: Abraham was a "master host," appearing totally in control while preparing the meal. It is easier to serve God through our skills and hospitality than it is to trust Him with our insecurities and impossibilities. Where in your life do your strengths avoid the vulnerability of needing God?
5. The Laughter: Sarah laughed to protect herself from the "ridiculous." What radical claim of Jesus (e.g., loving enemies, the first being last) feels "laughable" or impossible to you right now? In what ways do we use "common sense" or "logic" as a shield to protect ourselves from trusting God?
6. The Cup: Apparently it wasn't possible for God to remove the cup of suffering for Jesus. How does this incident in Gethsemane change your perspective on what it means for "all things to be possible with God"?

Pray

- For a revelation of God's grace in the midst of your recognition of emptiness or hopelessness.
- For courage to allow God to interrupt the "siesta of your life" and trust in God with new vulnerabilities.