

## FAITH PROFILES When Faith Is a Desert

## Read/Reflect

- 1. Read I Kings 19:1-18. Review the events on Mt. Carmel (I Kings 18:16ff). How do you relate to Elijah's condition after such a great and spectacular event?
- 2. Have you ever experienced a "wilderness" period in your faith, similar to Elijah's? If so, how did you navigate it?
- 3. Why do you think Elijah's response to God's question ("What are you doing here, Elijah?") remained the same even after God's powerful displays?

## **Explore**

- 4. It's the "still small voice" that gets Elijah out of the cave. What do you think this voice represents, and how can we learn to hear it in our own lives?
- 5. What is the significance of the new mission that God gives Elijah? How does this relate to finding purpose in our own times of despair?
- 6. In reference to God's instruction to "get up and eat" what practical steps can we take to care for ourselves spiritually, emotionally, and physically during these periods?
- 7. What are some ways we can "turn our face to the Son" (Jesus) when we are feeling lost or afraid?
- 8. How can we better support others who are going through a "wilderness" experience in their faith?

## Pray

- Pray for those (perhaps yourself) experiencing a "wilderness" period in their faith, to recognize your presence, to acknowledge your calling in their life, and to experience a community of faith.
- Pray that New Life church can be the kind of community that provides safety, encouragement, grace and patience for people walking in a faith wilderness.