



Sermon
Discussion
Guide

Sunday, April 13, 2025

THE PLACE OF PRESSING

Palm Sunday

Read/Reflect

1. Given that it's Holy Week (the week leading up to Good Friday and Easter), what do you do personally or as a family to remember these monumental events?
2. What is your favourite Good Friday or Easter worship song? Why does it have special significance for you?
3. Read Mark 14:32-42. In this powerful passage, Jesus prays: "*My soul is overwhelmed with sorrow to the point of death.*" This is no ordinary sorrow—Jesus is beginning to taste the full weight of the world's sin, the desolation of hell, and the wrath of God's justice. What does it mean that Jesus experienced this willingly, before the cross—when He could still walk away? What does this reveal about His love?

Explore

4. Scripture often refers to the "cup" as a symbol of God's judgment (see Isaiah 51:17, Ezekiel 23:34). Jesus does not just face physical suffering—He bears the wrath that justice demands for sin. Yet He says, "*Not my will, but yours be done*". How does Jesus' obedience in Gethsemane contrast with Adam and Eve's disobedience in Eden? What does this say about the reversal Jesus brings? How does this make the cup that we share in communion even more meaningful?
5. Just as olives must be crushed to produce oil, Jesus is pressed in the garden so that healing, blessing, anointing, and joy might flow to us. Isaiah 61 calls it "the oil of gladness instead of mourning." His suffering produces our joy. What areas of your life need that oil—healing, unity, blessing, or purpose? Share.

Pray

- Is there someone that especially comes to mind during Holy Week? A loved one who isn't a Christ follower? Some who's facing a "Garden of Gethsemane" in their own life? Prayer for them specifically in a prayer either individually or as a group.