



More Than a Good Idea Submission & Simplicity

Read/Reflect

- 1. Read Matthew 6:19-24 and reflect on the theme of "treasure." What does Jesus mean by "storing up treasure in heaven?" How can you tell what your heart treasures the most? What ties the three analogies (treasure, eyes, master) together (vss.19-24)?
- 2. Read Matthew 6:25-34 and reflect on the theme of worry. What does Jesus want us to learn in these verses? Why does Jesus accuse those who worry of "little faith" (vs.30)?

Explore

- 3. How important is the discipline of submission in your life? Who and what in your life has authority, and how does submission play out in your life?
- 4. How do you guard against serving two masters? What does it mean in your life to submit only to God and him alone?
- 5. What do you most worry about? How convincing is it for you to hear Jesus' advice not to worry?
- 6. How have you learned to be content? Has the practice of simplicity had anything to do with it?
- 7. How could you practice simplicity in your life?
 Buy things for their use, not their status
 Give up something that you're addicted to
 Declutter and give away freely
 Refuse the latest gadget
 - $oldsymbol{\square}$ Appreciate more of creation (without thinking you have to own a piece of it)
 - ☐ Speak plainly (let your yes be yes, no scheming)

Pray

- Pray for freedom from anything that obstructs your communion with God which may be material things, busyness, or attitudes and feelings of entitlement, envy or self-pity.
- Pray for freedom from the everlasting burden of always needing to get our own way, freedom to hold things lightly, and the diligence to view others greater than ourselves.