



Sermon
Discussion
Guide

Sunday, January 21, 2024

No Easy Answers

What if I feel like I am falling away from God? – Psalm 130:7-10

Read/Reflect

1. Read Psalm 13. Have you ever felt like God has “hidden His face” from you? Share with your life group about your experience.
2. Read Psalm 139:7-10. How does this assurance bring you comfort in times of feeling distant from God?

Explore

1. How would you differentiate between *feeling* distant from God and *being* distant from God?
2. What reasons could you think of that might lead us to *feel* distant from God when we're not?
3. Have you experienced the “dark night of the soul” – a season of dryness with God or feeling unable to sense God's presence like you used to (and as far as you can tell, it's not the result of sin or distraction)? How might the assurance from Psalm 139:7-10 (or Psalm 77) help us in this season?
4. What would you say is a major factor in your life that might lead you to “fall away” from God? How have you responded when this happened (or how are you responding currently)?
5. Besides sin and distraction, can you think of any other factors that might lead us to become distant from God?
6. How does the work of Jesus Christ in “bringing us near” to God by dying for us on the cross (cf. Eph. 2:13) lead us to respond in times of *feeling* or *being* distant from God?
7. How does the assurance of the Holy Spirit dwelling inside the believers encourage you especially in times of *feeling* or *being* distant from God?
8. How might the community of believers help in times of *feeling* or *being* distant from God?

Pray

- Make sure to leave enough time at the end of the meeting to pray for one another. Spend more time listening to one another and praying for one another instead of going through every question on this discussion guide.