



## RESOLVE Life Balance – Matthew 6:24-34

## Read/Reflect

- 1. Read Matthew 6:24-34.
- 2. What does Jesus mean with these instructions?
  - a) "Therefore, do not worry about your life...(vs.25)
  - b) "But seek first his kingdom and his righteousness...(vs.33)
  - c) "Therefore, do not worry about tomorrow...(vs.34)

## **Explore**

3.	_		ney, but what are some othe? What does it mean for you	_	
4.	What do you worry about	(the most)?			
	☐ Children		Advancement		☐ Future
	Parents		Change		☐ Health
	☐ Job		Midlife		Accidents
	☐ Money		Retirement		□ Other:
5.	What does it mean to focus on God's rule and control in the areas of your life that you identified in question 4?				
6.	. Where can you introduce a level of discipline in order to fix your eyes on Jesus				
	■ My thoughts	□ r	My speech	u ı	Relationship with
	My behaviors	□ r	My body	(	others
	☐ My wants	□ r	My attitudes	<b></b>	Relationship w/ God

## **Pray**

- Pray that the Spirit can reveal to you the areas of your life that you idolize, and confess that misplaced trust.
- Pray for one another (if in a group) with the struggles and wrestling required to "seek first his Kingdom and his righteousness."