



Sermon
Discussion
Guide

Sunday, May 22, 2022

Habits & Attitudes: Encouragement

Read/Reflect

1. Read Hebrews 3:7-19. Referring to Numbers 14 and Psalm 95 (quoted in Heb.3:77-11), what is the correlation to Hebrews 3?
2. Referring to Hebrews 10:19-25, what is the point of “spurring one another on toward love and good deeds,” (vs.23) and “encouraging one another...” (vs.24)?

Explore

3. It is said that discouragement is one of the primary tools of the devil. When have you been discouraged? What was it like? What happened to your faith in that time?
4. When do you find you need encouragement?
 - When I feel afraid or frustrated,
 - When I am insecure about myself,
 - When I try so hard yet fail,
 - When everything seems wrong
 - I always need encouragement
 - Other: _____
5. Following the patterns of “Barnabas the encourager” in the book of Acts, which aspect of encouragement comes to you the most naturally?
 - Encouragement by Generosity (Acts 4:36,37)
 - Encouragement by Graciousness (Acts 9:26-28)
 - Encouragement by Serving (Acts 11:27-30)
 - Encouragement by Lifting people up (Acts 15:36-41)
6. When have you been encouraged by someone? Can you recall a specific incident? What was it like? What changed? How has that kind of encouragement impacted your faith?
7. How might you encourage someone this week? What are some different forms encouragement can take? Is encouragement always complimentary?

Pray

- In your group or family pray a blessing over someone, encouraging them in their walk with God, spurring them on to love and good deeds.