

## Rise Up

... to Thanksgiving – 1 Thessalonians 5

## Discussion Points

October 10, 2021

### Read/Reflect

1. Read 1 Thessalonians 5. What two things stand out to you in this chapter that you can relate with? Share your personal experience in recent weeks or months, particularly during this pandemic.
2. If Jesus says He has overcome the world (John 16: 33), what is preventing you from enjoying the peace (shalom) that He has promised?

### Explore

3. How do you view the Second Coming of our Lord Jesus Christ?
4. Reading verses 11 – 15, in what way can we achieve the following?
  - a. Encourage and build one another up (vs. 11 – 12)
  - b. Esteem each other highly in love (vs. 13 – 14)
  - c. Extol goodness to one another (vs. 15)
5. Share with the group at least three things you can be thankful to God for despite all your circumstances.
6. What does it mean that we are not to quench the Spirit (vs. 19)

### Pray

- ✝ That the Lord will help you rise up from your state of mind, body and soul in a manner that you can give thanks to Him in all circumstances.
- ✝ Pray for someone you know who's struggling because of current crisis, ill health or broken relationship.
- ✝ That you will cultivate a prayer life that upholds your relationship with God; and a sensitive spirit in reaching out to those around you who need prayers, encouragement and support.



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