

Free. . .

...to Deny Your SELF- Gal 5:13-26/Luke 9:23

Discussion Points

February 28, 2021

Read/Reflect

1. Read Galatians 5:13-26. Highlight one or two main points that speak the most to you about self-control.
2. Read Luke 9:23. Reflect on the two passages together. Consider Christ's words and Paul's words and how they are a call to self-control.

Explore/Discuss

3. Discuss the reasons its is hard to exercise self-control?
4. In what areas of your life have you seen self-control victories? How did those come about?
5. In what area of your life have you identified a regular pull into worldly pursuits?

<input type="checkbox"/> Food/Drink	<input type="checkbox"/> Materialism
<input type="checkbox"/> Social Media	<input type="checkbox"/> Finances
<input type="checkbox"/> TV	<input type="checkbox"/> Other: _____
6. What would be the first thing you would choose to deny yourself in order to grow closer to God?
7. It is important to hate sin. (Psalms 97:10) How can we learn to hate the things that come in between us and God?
8. If you were fasting tomorrow, what, how and why would you be fasting?

Pray

- ✝ Pray Philippians 2:12 committing to walking out your faith with fear and trembling.
- ✝ Pray Philippians 2:13 trusting that it is He who does the work in us for His will and purpose.
- ✝ Pray that the Lord would give you wisdom to know which areas of your life to deny self and more of His Spirit in you to exercise self-control.

